

Years 1 and 2

English	Science, Technology and Maths	Humanities	The Arts	Staying Physically Active	Staying Mentally Active
<p>Practise Spellings every day Y1 - oil, join, coin, point, soil. Y2 jacket, jar, jog, join, adjust.</p> <p>Write each word in a sentence to show its meaning.</p> <p>Challenge: How many of your words can you include in the same sentence?</p>	<p>Power Maths ~ Next Lesson Count backwards in 2s from 30.</p> <p>Science During this week you will be trying to identify different wild and garden plants.</p> <p>You will need the three items for science on your blog.</p> <p>Look at the ppt.</p>	<p>Discuss with your adult whether the items you packed in your suitcase were suitable for a seaside holiday.</p> <p>Did you pack anything you didn't need? What didn't you pack that you should have?</p>	<p>DT</p> <p>Making Levers</p> <p>Try to find a copy of Jack and The Beanstalk and read it or maybe one of your grown-ups can tell it to you.</p> <p>Look at the ppt. Levers. This is all about levers.</p> <p>There is also an ebook of Jack and The Beanstalk on there from Twinkl which may run on your computer.</p>	<p>Joe Wicks 5min Workouts This week we are going to use Joe Wicks' 5min workout 1.</p> <p>Use the link below to access the videos. Repeat video 1 each day and see how much easier you find the exercises by the end of the week. One way to do this is to count how many actions you are able to do for each exercise.</p> <p>You should be doing more by the end of the week - but how many more?</p>	<p>Bubble Breaths Breathe in deeply and form a bubble in your mouth. Your cheeks should be puffed out. Blow your bubble out of your mouth and push it away from you by blowing out hard and strong. Do this slowly and picture your bubble floating away. Keep breathing in and out deeply. Close your eyes and think about where else your bubble could go. Can you blow it far away? Can you blow it to a friend? Imagine your bubble is returning to you. Open your mouth and catch it for next time. Repeat.</p>
<p>Practise spellings</p> <p>Go through the actions you created last week with your adult and practise retelling the story with those actions as your adult rereads the story.</p>	<p>Power Maths ~ Next Lesson Count back in 5s from 50.</p> <p>Science Look at the ppt. Again. There is a lot of information on it.</p> <p>Go on a walk with your adult, or look in your garden and make a collection of leaves.</p>	<p>Look at the ppt. Seaside Places.</p> <p>Have you been to any of these places?</p> <p>Talk to your adult about how these places compare.</p> <p>What is the same or similar? What is different?</p>	<p>Tuesday and Wednesday</p> <p>Use the Activity Sheet Jack and The Beanstalk and the Activity Sheet Instructions to create your own moving picture using a lever. If you don't have a split-pin try using a slider to make Jack climb the beanstalk.</p>	<p>As Monday.</p> <p>Link to Joe Wicks video for this week. https://www.twinkl.co.uk/resource/joe-wicks-5-minute-move-workout-1-cards-t-pe-250#.XuDHzh-5rP4.link</p>	<p>Balloon Breaths. Sit comfortably on the floor with your legs crossed in front of you. Imagine that there is a big balloon in your belly. Place your hands over your belly. Take a big deep breath in, sitting up straight and make your belly puff out as if it was a balloon filling with air. Then exhale slowly like you are letting the air out of a balloon a little at a time. As you let the air out, slowly roll your shoulders and bend forward. Repeat.</p>
<p>Practise spellings</p> <p>Now you are confident you know the story make your story map using pictures and/or text.</p>	<p>Power Maths ~ Next Lesson Count back in 10s from 100.</p> <p>Science Using your leaf chart and a magnifying glass, if you have one, try to identify which trees the leaves come from. Can you say if they are from deciduous or evergreen trees?</p>	<p>Look at the 9 places again from yesterday.</p> <p>Can you decide which parts are natural? Which parts are man-made?</p> <p>Use the key words at the end of the ppt. to help you decide.</p>	<p>As Wednesday.</p>	<p>As Monday.</p>	<p>Bumble Bee Breaths Open your hands out with the palms facing towards your face. Place your thumbs over your ears and your fingers over your eyes. Close your lips with your teeth slightly apart. Inhale deeply through the nose and breathe in. Count silently 1, 2, 3, 4, 5. Exhale slowly through your mouth and make a humming sound like a bee. Count silently 1, 2, 3, 4, 5. Repeat.</p>
<p>Practise spellings</p> <p>Read the text Meerkat Mail again with your adult and then answer the questions on the question sheet Meerkat Mail Comprehension.</p> <p>Remember to write your answers in sentences.</p>	<p>Power Maths ~ Next Lesson Count forward in 3s from 0. How far can you get?</p> <p>Science Thursday and Friday Look at the leaves carefully and make some drawings of them, or, use the leaves you have collected to make a collage.</p>	<p>Discuss with your adult which of the 9 places would you like to go on holiday to? You might choose more than one for different reasons.</p> <p>Why would you like to go there?</p>	<p>Music</p> <p>Use the link below and listen to the song Pure Imagination from "Willy Wonka and The Chocolate Factory". https://www.youtube.com/watch?v=A-DuOmA75U</p> <p>Does the song tell a story? Perhaps the words tell a story or perhaps the music creates a story in your imagination. What is that story? List all the things you can hear. How does the music make you feel? Can you find a way of playing some of the background sounds from the song?</p>	<p>As Monday.</p>	<p>Starfish Breaths Sit on the floor with your legs comfortably crossed in front of you. Open your left hand and extend it slightly in front of you so it looks like an open starfish. Take your right hand and extend your pointer finger. Beginning with your left thumb, take your right pointer finger and go up the outside thumb while taking a deep breath in. Go down the inside of the thumb and breathe out deeply. Continue the deep breathing in while going up each finger and exhaling when going down each finger. Once you are finished, switch hands and repeat.</p>
<p>Practise spellings</p> <p>Using the sheet Expanded Noun Phrases write some descriptive sentences of your own.</p> <p>There is an explanation there to remind you of what they are.</p>	<p>Power Maths ~ Next Lesson Count forward in 3s from 1. How far can you get?</p> <p>Science As Thursday.</p>	<p>Draw a picture of you and your family at one of these seaside resorts. What activities are you doing?</p>		<p>As Monday.</p>	<p>Brain Break Breathing Choose your favourite exercise from the 4 you have done and practise it. During your lessons next week, whether at home or at school, try doing your favourite exercise between activities.</p>