

Years 1 and 2

English	Science, Technology and Maths	Humanities	The Arts	Staying Physically Active	Staying Mentally Active
<p><b>Practise Spellings every day</b></p> <p><b>Remember:</b> LOOK, COVER, WRITE, CHECK.</p> <p><b>Y1</b> day, way, say, stay, play. <b>Y2</b> metal, pedal, capital, hospital, animal.</p> <p>Write your spellings in sentences to you understand their meaning.</p>	<p><b>Power Maths ~ Next Lesson</b> Count forwards in 2s from 30 to 60. Can you go any further? <b>Science</b></p> <p>Talk with your adult and make a list of everything you have learned/know about plants we've looked at in this Topic.</p>	<p>Look at the Seaside Photo Pack and talk about each picture with your adult.</p> <ul style="list-style-type: none"> <li>• What can you see?</li> <li>• What can't you see?</li> <li>• Which things have you seen before?</li> <li>• Which things haven't you seen before?</li> <li>• Which things are the same?</li> <li>• Which things are different?</li> <li>• Look at how people are dressed. How does this change?</li> <li>• What are people doing in the pictures? Is it always the same across the years?</li> </ul>	<p><b>DT</b></p> <p>Try to remember the story of Little Red Riding Hood. Can you tell it to someone in your family? If not, can someone tell it to you? If you have the story in a book you could use that.</p>	<p><b>Joe Wicks 5min Workouts</b> This week we are going to use Joe Wicks' 5min workout 2. Use the link below to access the videos. Repeat video 1 each day and see how much easier you find the exercises by the end of the week. One way to do this is to count how many actions you are able to do for each exercise. You should be doing more by the end of the week - but how many more?</p>	<p><b>Butterfly Breaths</b></p> <p>Sit on the floor with the bottom of the feet touching and the knees bent out to the sides. Put your hands on your ankles and gently bounce your knees like you are flapping butterfly wings. Close your eyes and breathe slowly and calmly. Be sure to take slow deep breaths in and out. Pretend you are flying to your favourite place in the whole world. Imagine what it looks like. What do you see? What do you hear? What does it feel like? Imagine you are flying around and you are happy and calm. Now it is time to fly home, slowly flap your wings back home. Take a deep breath in and slowly exhale. Now slowly open your eyes.</p>
<p><b>Practise spellings</b></p> <p>Using the Story Mountain, decide on the important areas of the Meerkat Mail story. YR1: Beginning, Middle, End. YR2: Opening, Build Up, Problem, Resolution, Ending. Talk to you adult about it. Do they agree.</p>	<p><b>Power Maths ~ Next Lesson</b> Count forwards in 5 from 50 to 100. Can you go any further? <b>Science</b></p> <p>Tell your adults which parts of the the plant you can name. Now watch the ppt. Parts of a Plant. Did you get them all correct?</p>	<p>Make 3 boxes/columns on a piece of paper. Label them:</p> <ul style="list-style-type: none"> <li>• Past.</li> <li>• Both.</li> <li>• Present.</li> </ul> <p>Now think about all the things you discovered yesterday and write them or draw a small diagram in the box they should belong in.</p>	<p><b>Tuesday and Wednesday.</b></p> <p>Use the instruction sheet: L R R H Wheel Instructions to make a picture showing the wolf walking towards L R R H.</p> <p>Use paper or card to create the wheel and background. If you don't have a split pin you could use anything that would allow the wheel to turn eg: a match-stick, a pencil, a straw...</p>	<p>As Monday. <a href="https://content.twinkl.co.uk/resource/f5/88/t-pe-261-joe-wicks-5-minute-move-workout-2-cards_ver_11.pdf?">https://content.twinkl.co.uk/resource/f5/88/t-pe-261-joe-wicks-5-minute-move-workout-2-cards_ver_11.pdf?</a></p>	<p><b>Rainbow Breaths</b></p> <p>Stand with your feet shoulder width apart, arms gently resting by your sides. Slowly raise your arms and take a deep breath in. Try to breathe in until your hands reach each other over your head. Breathe out slowly while lowering the hands. Visualize the beautiful rainbow you are making. Repeat 5 - 10 times. Each time you breathe in imagine you are adding another colour to your rainbow. What colours are you adding to your rainbow? Once your rainbow is done slowly open your eyes.</p>
<p><b>Practise spellings</b></p> <p>Using Expanded Noun Phrases, remember we practised these last week, write 1 or 2 sentences to say what is happening in each section of the story.</p>	<p><b>Power Maths ~ Next Lesson</b> Count forwards in 10s from 50 to 150. Can you go any further? <b>Science</b></p> <p><b>Weds, Thurs, Friday.</b></p> <p>Make a collage or draw a picture of some plants growing in your/a garden or park.</p> <p>You can look back at the ppt. from yesterday, if you wish, to get ideas on materials to use for different parts of the plant. Or you can just draw a picture. Label the parts of the plant: Flower, petals, leaves, stem, roots and seeds.</p>	<p>Try to create a timeline to show when some of these things happened.</p> <p>1850                  1900                  1950                  Today</p> <p>Do any of them appear more than once? If so, why do you think that is?</p>	<p><b>Music</b></p> <p>Listen to the song "Daydream Believer" by The Monkees.</p>  <p><a href="https://www.youtube.com/watch?v=K3syk2VOMRw">https://www.youtube.com/watch?v=K3syk2VOMRw</a></p> <p>Does this song tell a story? Perhaps the words tell a story or perhaps the music creates a story in your imagination. What is that story? What can you hear - Instruments, voices? How does the song make you feel? What did you like about the song? <b>It doesn't matter if you like or don't like a song or a piece of music.</b> What do you think about this statement? Share your opinion with someone. What do they think?</p>	<p>As Monday.</p>	<p><b>Sun Breaths</b></p> <p>Sit on the floor in a comfortable position. Close your eyes and take some slow deep breaths in and out. Picture a bright, shining sun smiling at you. Feel the sun on your face. Breathe slowly and let the sun warm your face. Imagine the sun warming your shoulders and back. Imagine the sun warming your arms. Continue to breathe in and out slowly and calmly. Imagine the sun's warmth spreading to your legs. Finally, feel the warmth all the way in your fingers and toes. Slowly stretch your arms overhead and your legs and feet out in front of you. Take a deep breath in and bend over towards your feet. Slowly exhale and sit back up. Take one more deep breath in and out and slowly open your eyes.</p>
<p><b>Practise spellings</b></p> <p>Look at the presentation ppt. Meerkat Postcard. Talk about it with your adult. How is it different to a letter?</p> <p>What are the important features that make it different?</p>	<p><b>Power Maths ~ Next Lesson</b> Count forwards in 2s from 1. How far can you go? <b>Science</b> - Now label what each part does: These:</p> <ul style="list-style-type: none"> <li>• Grow into new plants.</li> <li>• Soak up water and food.</li> <li>• Hold the plants up.</li> <li>• Catch sunlight to make energy.</li> <li>• Attracts insects and birds.</li> </ul>	<p>If you had to choose which period of time you would like to have your holiday in which one would you choose and why?</p> <p>Draw a picture of you on that holiday.</p>	<p><b>Music</b></p> <p>Listen to the song "Daydream Believer" by The Monkees. <a href="https://www.youtube.com/watch?v=K3syk2VOMRw">https://www.youtube.com/watch?v=K3syk2VOMRw</a></p> <p>Does this song tell a story? Perhaps the words tell a story or perhaps the music creates a story in your imagination. What is that story? What can you hear - Instruments, voices? How does the song make you feel? What did you like about the song? <b>It doesn't matter if you like or don't like a song or a piece of music.</b> What do you think about this statement? Share your opinion with someone. What do they think?</p>	<p>As Monday.</p>	<p><b>Waves on the Ocean Breaths</b></p> <p>Lie back gently on the floor with your feet out in front of you. Place your hands on your stomach. Breathe in through your nose and feel your hands rise up. As you slowly exhale, feel your hands go back down. Pretend that your stomach is waves in the ocean and your hands are a sailboat. Each time you breathe in the sailboat goes up on the waves and each time you breathe out the sailboat goes down on the waves. Repeat.</p>
<p><b>Practise spellings</b></p> <p>Watch this telling of Meerkat Mail. <a href="https://www.youtube.com/watch?v=DcwuTRQ16MU&amp;feature=youtu.be">https://www.youtube.com/watch?v=DcwuTRQ16MU&amp;feature=youtu.be</a> Now, pretend you are Sunny and have a go at writing a postcard to your family.</p>	<p><b>Power Maths ~ Next Lesson</b> Count forwards in 5s from 1. How far can you go? <b>Science</b></p>	<p>Now, like Sonny, write a "Wish You Were Here" postcard to a friend.</p>	<p>Share your opinion with someone. What do they think?</p>	<p>As Monday.</p>	<p>Choose your favourite activity from this week and do it again. Can you find any ways to develop or improve it?</p>

